

GRADE TWO

Questions may be asked from the previous grade and from the following: -

Terms and Definitions

Heel Tap:	Flex knee, strike ground with heel and up sharply. Can be given three ways: – standing on one foot; with ball of working foot on ground; as a sharp dig.
Heel Beat:	Flex knee, strike ground with heel finishing on ground with a heavier tone. Can be given three ways: – standing on one foot; with ball of working foot on ground; as a sharp dig.
Toe Beat:	Bend knee, strike ground with toe finishing down on ground with a heavier tone.
Ball Tap:	Strike ground with ball of foot and up sharply. Can be given three ways: – standing on one foot; with heel of working foot on ground; as a sharp dig.
Ball Beat:	As in Ball Tap but ball finishes down on ground and is heavier in tone.
Forward Brush:	Broader movement than a Forward Tap as swing comes from knee and hip.
Backward Brush:	Broader movement than a Backward Tap as swing comes from knee and hip.
Stomp:	Stand on ball of the foot, push foot forward finishing with a heavy heel beat.
Scuff:	A flat stamp carried forward and off ground, supporting knee flexed.
Tap Spring:	A forward tap followed immediately by a spring. Travelled or on one spot and very lightly executed.
Tap Step:	A forward tap followed immediately by a step. Weight on working or supporting foot.
Pick-up:	Stand with feet slightly apart, turn up toe of one foot, slap foot back hitting ground with ball of foot and removing heel.
Pick-up Step:	Pick-up followed immediately by a step. Can be repeated on alternate feet.
4-beat Cramp Roll:	Spring on to R.F; ball dig L.F; heel beat R.F; heel beat L.F.
5-beat cramp roll:	Tap spring on to R.F; ball dig L.F; heel beat R.F; heel beat L.F.